



# Hands on Health

**south carolina**

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## Promoting Healthy Lifestyles

The Hands on Health- SC website is a tool for South Carolinians to use to find reliable health information, health resources and to learn about our state's major health problems.

### **WHAT YOU WILL FIND...**

#### **Health Information**

- Cause of health problems
- Signs, symptoms and treatment
- Diseases and how you can prevent them
- Help and services for your health problems
- How the air, water and soil can affect your health
- How to live a healthy lifestyle

#### **References, Facts and Figures**

- Links to other health and environmental sites
- Information about medicines
- Medical dictionaries and encyclopedias
- Health databases
- The latest health news and statistics

#### **South Carolina Health Services**

- Clinics and hospitals
- Health providers
- Senior Care
- Specialists
- Mental Health services
- Information on low cost services

**A trusted source for reliable health  
information and services**

**[www.hohsc.org](http://www.hohsc.org)**



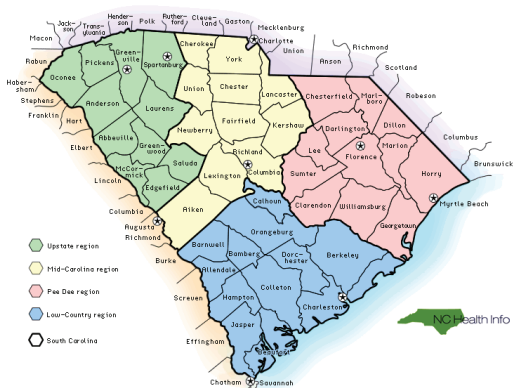
# Hands on Health

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An online guide to local health resources.

FIND THE SERVICES YOU NEED IN YOUR COUNTY

**Click on Local Health Resources and  
begin your search**



## Do you need

- ▶ An assisted living facility
- ▶ A family physician
- ▶ A non-traditional birthing center
- ▶ Health services that accept Medicaid
- ▶ Support groups

**Search by service type, health topic  
or location.**



Hands on Health-SC  
MUSC Library  
171 Ashley Ave., Suite 300  
MSC 403 Charleston, SC 29425  
Phone: 843.792.3303