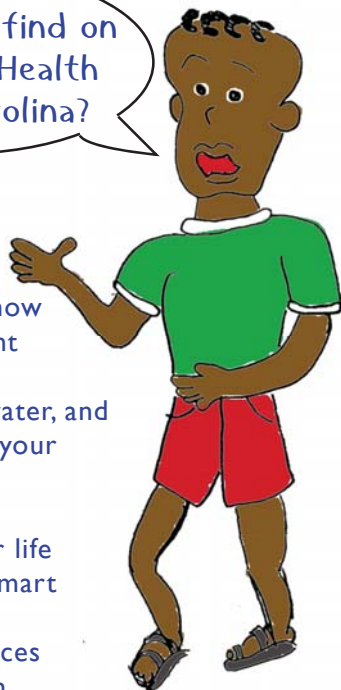


What will I find on Hands on Health South Carolina?



Health Information

- Diseases and how you can prevent them
- How the air, water, and soil can affect your health.
- How to live a healthier, fuller life
- How to be a smart patient
- Help and services for your health problems
- Your neighbors who live successfully with chronic disease

References, Facts and Figures

- Links to other sites about health and the environment
- Drug information
- Medical dictionaries, encyclopedias and health databases
- Statistics
- The latest health news

SC Health Services

- Clinics and hospitals
- Health providers
- Specialists
- Mental health services
- Senior care and services
- Low cost services

Hands on Health-SC Partners

Medical University of South Carolina

Department of Library Science and Informatics

Libraries and Learning Resource Center

University of South Carolina

School of Medicine Library

South Carolina State Library

South Carolina Hospital Association

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Phone: 843-792-3303

www.hohsc.org

Hands

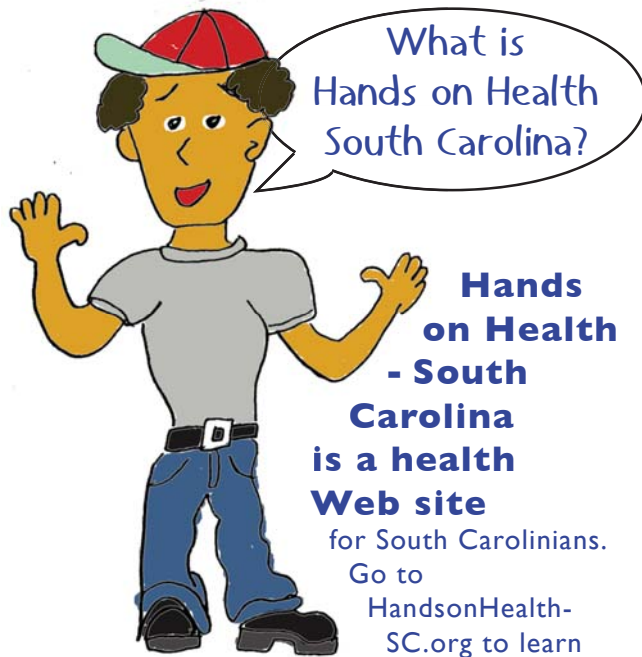


Health

south carolina



Promoting Healthy Lifestyles.



Hands on Health - South Carolina is a health Web site

for South Carolinians.

Go to HandsonHealth-SC.org to learn

about our state's major health problems – cancer, diabetes, heart disease, asthma, HIV and family violence.

On this site, you can learn:

- the causes of these health problems
- the signs and symptoms
- where to get help
- how to treat them
- how to prevent them

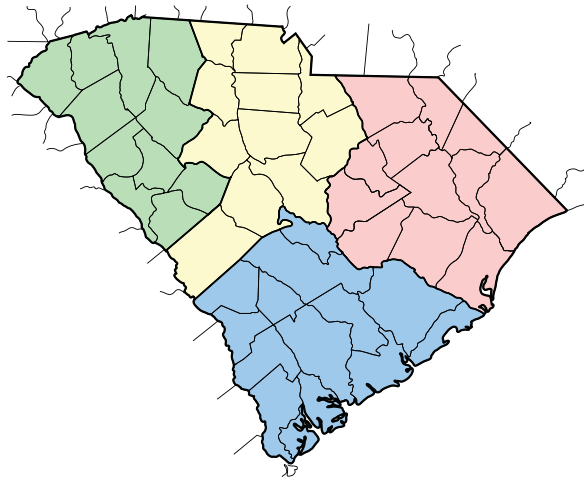
Hands on Health - SC is easy to read, easy to use, and free. Everyone can use it!

People looking for information in plain language about a health problem, students writing reports, and doctors and nurses searching for patient hand-outs.



You can also find the services you need in your county!

Just click on **Go Local-SC: Health Services**. Then search by services or topics, and click on your county. You will see location, phone number and Website if available.



Hands on Health - SC is reliable.

A team of health professionals and health information specialists reviews all original content and all linked Internet sites for credibility, accuracy, and reliability.

www.hohsc.org



But I don't have a computer!

Most public libraries have Internet connected computers available and the librarian will help you. Many schools will allow students and their families use of their computer lab. Some community centers have computers you may use.

Can someone show us how to use this site?

Hands on Health - SC staff will provide workshops to groups of 10 or more. You will learn how to use this site and how to identify reliable health information on the Internet. Call 843-792-3303 to schedule a class.

